

UW Medicine

UW SCHOOL
OF MEDICINE

WOMEN'S HEALTHCARE UPDATE



Thursday & Friday
March 16-17, 2023

In-Person (UW Tower Auditorium)

or

Live via Online Webinar

Sponsored by UW School of Medicine
Department of Obstetrics & Gynecology
Office of Continuing Medical Education

TARGET AUDIENCE

Physicians, residents, fellows, hospitalists, and community based physicians and providers, all who practice in the area of primary health care for women would benefit from participating in this educational offering.

COURSE DESCRIPTION

This conference is an annual update for women's health care providers on current topics relevant to women's health. The topics are selected using suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women in an outpatient setting.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to provide the following for women:

- Describe strategies for implementing practices to address healthcare gaps in underserved patient populations
- Describe surgical options for gender-affirming care
- Demonstrate initial diagnosis and treatment options available for infertility
- Review treatment updates for overactive bladder
- Identify practice changes to improve the care and wellness of female patients

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcript of AMA PRA Category 1 Credits™, access to online instruction materials, course logistics, faculty planning and salaries.

If you have not received confirmation prior to the course start, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

COVID -19 SAFETY MEASURES

Following CDC guidance for physical distancing, in-person attendance capacity will be reduced. For those preferring to attend in-person, early registration is recommended. In order to ensure the health and safety of the University campus community and the public, masks are strongly recommended, regardless of vaccination status.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 16.0 AMA PRA Category 1

Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



FEES AND REGISTRATION

COURSE FEES		
	In-Person	Virtual
All Degrees	\$400	\$350
*Resident/Fellow/Student	\$150	\$100

**Resident/Fellow rate requires written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.*



ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only) beginning **March 9, 2023**. Content will be recorded and available to attendees for educational purposes. Attendees will be notified when recordings are available, approximately 4-6 weeks after course completion. CME credit is available only for attending the live activity; no credit is available for watching the recorded lectures.

CANCELLATION AND REFUND POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **March 2, 2023**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **March 2, 2023**.

The Office of Continuing Medical Education (CME) reserves the right to transition cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and a full refund. CME retains the right to transition to online/virtual learning should the health and safety of our faculty and attendees warrant it. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions via email: cme@uw.edu.

SYSTEM REQUIREMENTS FOR VIRTUAL LEARNING

For those participating virtually, please ensure you have the appropriate system requirements to participate in the webinar. More information about the recommended technical requirements is below. No refunds will be available for technical issues not controlled by UW CME. Reliable internet access is necessary. It is strongly recommended that you test your Zoom connection prior to this activity.

Minimum browser requirements for successful access and completion of this activity are as follows:

- Chrome version 70.0 or newer, or Firefox version 63.0 or newer.
- Internet Explorer and Safari **are not recommended** with the UW CME website.
- You may use any browser to view the Zoom webinar.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu



Course Faculty

COURSE CO-CHAIRS

Alson Burke, MD
Assistant Professor
Department of Obstetrics & Gynecology
Physician, Harborview Medical Center

Linda Mihalov, MD, FACOG
Clinical Professor
Department of Obstetrics & Gynecology
Physician, UWMC Montlake

FACULTY

Catherine Albright, MD, MS Assistant Professor

Tina Allen, PT
Physical Therapist Specialist

Emalee Danforth, ARNP, CNM, MSN
Teaching Associate

Michael Fialkow, MD
Associate Professor

Natasha Hunter, MD
Assistant Professor

Lytia Lai, PharmD
Pharmacist

Bryna McCollum, PA-C
Teaching Associate

Shane Morrison, MD
Assistant Professor

Barbara Norquist, MD
Assistant Professor

Laura Owens, MD, MPH
Acting Instructor

Raj Shree, MD
Assistant Professor

LaVonne Simmons, MD
Clinical Assistant Professor

Elise Simons, MD
Clinical Assistant Professor

Angad Singh, MD
Clinical Assistant Professor

Alexander Skokan, MD
Assistant Professor

Ivana Thompson, MD
Attending Physician

Sarah Villareal, MD
Assistant Professor

Tracey Vogel, MD
Obstetric Anesthesiologist
Director Perinatal Trauma-Informed Care Clinic
Pittsburgh, PA

Ruru Wang, MD
Clinical Instructor

Rachel Whynott, MD, FACOG
Assistant Professor

Lissa Yu, MD
Assistant Professor

Thursday, March 16, 2023

7:50 Welcome Remarks & Course Intro | *Alson Burke, MD*

8:00 Diversity, Equity, and Inclusion | *Ivana Thompson, MD, MSCI*

9:20 Gynecologic Cancer Genetics | *Barbara Norquist, MD*

10:00 Break

10:15 Dysmenorrhea in the Adolescent | *Lissa Yu, MD*

10:55 Trauma-Informed Care | *Lauren Owens, MD, MPH*

11:35 Post-Dobbs Abortion Landscape | *Sarah Prager, MD, MAS*

12:15 Lunch break

1:00 Diabetes in Pregnancy | *LaVone Simmons, MD*

1:40 Strategically Navigating Office Visits with an EMR | *Angad Singh, MD*

2:20 Treatment of Primary Ovarian Insufficiency | *Emalee Danforth, ARNP, CNM, MSN*

3:00 Break

3:15 Updates in treatment of Overactive Bladder | *Michael Fialkow, MD, MPH*

3:55 Pelvic Floor Physical Therapy | *Tina M. Allen, PT, PRPC, BCB PMD*

4:35 Chronic Hypertension and Pregnancy: Clinical Implications of the CHAPS Trial
Catherine Albright, MD, MS

5:15 Adjourn

Friday, March 17, 2023

- 7:50 Welcome Remarks & Course Intro | *Alson Burke, MD*
- 8:00 Gender Affirming Surgeries | *Shane D. Morrison, MD, MS*
- 8:40 Gender Affirming Surgeries | *Alexander J. Skokan, MD*
- 9:20 Management and Diagnosis of Pregnancy of Unknown Location | *Sarah Villareal, MD*
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10:00 Break

- 10:15 Fertility Sparing Treatments of EIN/Endometrial Cancer | *Elise Simons, MD, FACOG*
- 10:55 Updates in Mastitis Treatment | *Bryna McCollum, PAC*
- 11:35 Care of Older Woman | *Mengru (Ruru) Wang, MD, MPH*
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12:15 Lunch break

- 1:00 Infertility and the Role of the Primary Care Provider | *Rachel Whynott, MD, FACOG*
- 1:40 The Empowerment Equation | *Tracey Vogel, MD*
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2:40 Break

- 2:55 Implications of 2022 CDC Guideline for Prescribing Opioids for Pain Management
| *Lytia Lai, PharmD and Mackenzie Welsh, PharmD*
- 3:35 Prenatal Screening Assays | *Raj (Swati) Shree, MD*
- 4:15 Breast Cancer Screening, Prevention, and Treatment Updates | *Natasha Hunter, MD*
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5:00 Adjourn